

Generalized anxiety disorder volunteers needed - exploring the effect of a new brain stimulation technique

Adults (**18-60 years old**) diagnosed with generalised anxiety disorder (GAD) are invited to participate in a research project investigating the effect of a new brain stimulation technique aimed at alleviating anxiety symptoms.

We require volunteers to be available to attend 3 treatment sessions per week for a total of 6 consecutive weeks (around 1 hour per session), as well as 3 assessment sessions (one before, one at 3 weeks, and one post-treatment) at Dunedin hospital. The sessions will consist of the following procedures:

- Baseline assessment: Record brain activity using an electrode cap and complete questionnaires.
 - Treatment (~30 minutes): consisting of external brain stimulation.
 - Mid- and post- treatment assessments: Repeat baseline assessment.
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Participants will receive vouchers as a reimbursement for their travel/parking expenses.

The findings from this study may enable us to develop novel treatment techniques for individuals with GAD.

For more information, please contact:

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This project has been reviewed and approved by the Health and Disability Ethics Committee (Ref : 2022 FULL 13910).

